



RECIPE

COCONUT CHIA PUDDING CUP

SERVES TWO



INGREDIENTS

1 cup NadaMoo! Organic
Vanilla Bean
1/2 cup coconut milk
1/2 cup Zico coconut water
1 tsp pure maple syrup
1/3 cup chia seeds

TOPPINGS:

1 cup blueberries
1/2 cup Purely Elizabeth
granola

DIRECTIONS

1. Take ice cream out of the freezer and let sit for 5 minutes.
2. In a jar or bowl, combine NadaMoo! Organic Vanilla Bean with coconut milk, coconut water, and maple syrup. Gently stir in chia seeds.
3. Place in refrigerator and let rest overnight, or for at least 5 hours.
4. Assemble pudding with blueberries and granola, or your choice of toppings.

NOTES